



IN SEARCH  OF WISDOM

# PERENNIAL SAYINGS

*44-Short Sayings to Live By*

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DAY II

# PERENNIAL SAYINGS



*44-Short Sayings to Live By*

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## INTRODUCTION

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A timeless quote or saying committed to memory can serve as a helpful reminder to live our highest good. As the philosopher Seneca advised, the path to wisdom is best traveled by acquiring one thing each day (little by little).

We hope this free ebook can help you find an insight to carry with you in daily life.

The *44 Short Sayings* are collected from various philosophical and spiritual thinkers to provide practical wisdom for everyday life.

Thank you for reading; we hope you find something useful.

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## 44 SHORT SAYINGS TO LIVE BY

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**I quote others in  
order to better myself.**

*Michel de Montaigne*



**Devote the rest of your life  
to making progress.**

*Epictetus*



**The only true wisdom is  
in knowing you know nothing.**

*Socrates*



**Day by day, what you do  
is who you become.**

*Heraclitus*



**It's not what you look at that  
matters, it's what you see.**

*Henry David Thoreau*

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## 44 SHORT SAYINGS TO LIVE BY

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**Learn to be indifferent  
to what makes no difference.**

*Marcus Aurelius*



**Happiness is a virtue,  
not its reward.**

*Baruch Spinoza*



**Humility cannot exist without love,  
and love cannot exist without humility.**

*Saint Teresa of Avila*



**The meaning of life is to  
give life meaning.**

*Viktor Frankl*



**To study ourselves is to  
forget ourselves.**

*Dogen*

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## 44 SHORT SAYINGS TO LIVE BY

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**Well-being is realized by small steps,  
but is truly no small thing.**

*Zeno of Citium*



**I must also have a dark side  
if I am to be whole.**

*Carl Jung*



**Freedom is secured not by fulfilling our  
desires, but by the removal of desire.**

*Epictetus*



**If you want to be  
happy, be.**

*Leo Tolstoy*



**Forgiveness is the final  
form of love.**

*Rheinhold Niebuhr*

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## 44 SHORT SAYINGS TO LIVE BY

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**Be yourself, everyone  
else is taken.**

*Oscar Wilde*



**If your compassion does not  
include yourself, it is incomplete.**

*Buddha*



**Not all those  
who wander are lost.**

*J.R.R. Tolkien*



**As long as you live,  
keep learning how to live.**

*Seneca*



**More is lost by indecision  
than wrong decision.**

*Cicero*



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## 44 SHORT SAYINGS TO LIVE BY

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**Perfect happiness is the absence of  
striving for happiness.**

*Chuang Tzu*



**The one who lives  
in the present lives in eternity.**

*Ludwig Wittgenstein*



**No matter how thin you slice it,  
there will always be two sides.**

*Baruch Spinoza*



**Remember that what you now have was once  
among the things you only hoped for.**

*Epicurus*



**Meaning makes a great many things  
endurable. Perhaps everything.**

*Carl Jung*

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## 44 SHORT SAYINGS TO LIVE BY

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**We know accurately  
only when we know little.**

*Johann Wolfgang von Goethe*



**Compassion is the  
chief law of existence.**

*Fyodor Dostoevsky*



**Act as if what you do makes  
a difference. It does.**

*William James*



**Contemplation is the highest  
activity of human life.**

*Aristotle*



**We are healed of a suffering  
only by experiencing it to the full.**

*Marcel Proust*

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## 44 SHORT SAYINGS TO LIVE BY

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**The price of anything is the  
amount of life you exchange for it.**

*Henry David Thoreau*



**To the mind that is still  
the whole universe surrenders.**

*Lao Tzu*



**It is impossible to learn what you  
think you already know.**

*Epictetus*



**Happiness depends on the  
quality of your thoughts.**

*Marcus Aurelius*



**The most important decision you will ever  
make is to be in a good mood.**

*Voltaire*

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## 44 SHORT SAYINGS TO LIVE BY

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**Kindness gives birth  
to kindness.**

*Sophocles*



**Finish every day  
and be done with it.**

*Ralph Waldo Emerson*



**While you delay,  
life speeds by.**

*Seneca*



**All great thoughts are  
conceived while walking.**

*Friedrich Nietzsche*



**The most certain sign  
of wisdom is cheerfulness.**

*Michel de Montaigne*

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## 44 SHORT SAYINGS TO LIVE BY

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**Gratitude is not only the greatest of all virtues but the parent of all others.**

*Cicero*



**Don't curse the darkness,  
light a candle.**

*Confucius*



**Everything you say should be true,  
but not everything true should be said.**

*Voltaire*



**No one ever became  
wise by chance.**

*Seneca*

ABOUT

# PERENNIAL LEADER PROJECT



Dedicated to searching for and spreading  
wisdom for daily life.

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